

The embodiments of the invention in which an exclusive property or privilege is claimed are defined as follows:

1. A bag handle device for inserting through one or more handles of one or more bags and for holding and carrying the bags, said bag handle device comprising:  
a flexible unitary member having first and second ends and a handle portion extending at least partially between said first and second ends, said second end having an aperture therethrough, said first end being adjustable between a first orientation, where said first end is at least partially insertable through said aperture so that said flexible unitary member defines a closed loop, and a second orientation, where said first end is not readily retractable from said aperture, said first end being at least partially insertable through said aperture when in said first orientation and being adjustable to said second orientation to retain  
10 said flexible unitary member in said closed loop.
2. The bag handle device of claim 1, wherein said first end is foldable into said first orientation.
3. The bag handle device of claim 2, wherein said first end is biased toward said second orientation, such that said first end adjusts toward said second orientation when said first end is inserted at least partially through said aperture and released.
4. The bag handle device of claim 2, wherein said handle portion is contiguous to said first end, said handle portion being foldable to form a generally U-shaped handle portion when said first end is folded into said first or second orientation.
5. The bag handle device of claim 2, wherein said first end includes at least one notch for engaging at least one wall of said aperture when said first end is adjusted to said second orientation, said at least one notch limiting movement of said first end relative to said second end when said first end is in said second orientation.
6. The bag handle device of claim 1, wherein said first end comprises a tab and said second end comprises a slot for receiving said tab.

7. The bag handle device of claim 6, wherein said slot comprises a first slot section configured to receive said tab when said tab is in said first orientation and a second slot section configured to limit retraction of said tab through said slot when said tab is in said second orientation.

8. The bag handle device of claim 7, wherein said tab is twisted or rotated between said first and second orientations to align with a respective one of said first and second slot sections.

9. The bag handle device of claim 1 including a body portion extending from said handle portion, said body portion being flexible to form an arc to define said closed loop between said first and second ends.

10. The bag handle device of claim 9, wherein said handle portion has a first width and said body portion has a second width, said first width being greater than said second width.

11. The bag handle device of claim 9, wherein said handle portion provides a generally straight handle portion when said body portion flexes to define said closed loop.

12. A method for carrying one or more bags, said method comprising:  
providing a flexible unitary handle member having first and second ends and a handle portion extending at least partially between said first and second ends, said second end having an aperture therethrough;

5 inserting said handle member through at least one handle of at least one bag;  
inserting said first end through said aperture so that said flexible unitary member defines a closed loop;  
adjusting said first end such that said first end is not readily retractable from said aperture to retain said flexible unitary handle member in said closed loop; and  
10 grasping said handle portion to carry the at least one bag.

13. The method of claim 12 including folding said first end to form a first orientation in which said first end is insertable through said aperture.

14. The method of claim 13, wherein adjusting said first end comprises at least partially unfolding said first end to engage at least one wall of said aperture.

15. The method of claim 14, wherein folding said first end includes folding said handle portion and at least partially unfolding said first end includes partially unfolding said handle portion such that said handle portion provides a generally U-shaped handle portion.

16. The method of claim 12, wherein inserting said first end through said aperture comprises inserting a tab through a first section of said aperture, and wherein adjusting said first end comprises twisting or rotating said first end to align said first end with a second section of said aperture, said tab being not readily retractable through said second section.

17. The method of claim 16, wherein said first and second sections of said aperture are generally orthogonal to one another.

18. The method of claim 12 including re-adjusting said first end such that said first end is readily retractable from said aperture to release the at least one bag from said handle member.

19. A bag handle device for inserting through one or more handles of one or more bags and for holding and carrying the bags, said bag handle device comprising:

a flexible unitary member having first and second ends, a handle portion extending from said first end and at least partially between said first and second ends, and a flexible body portion extending between said handle portion and said second end, one of said first and second ends having an aperture therethrough and the other of said first and second ends having a locking member, said locking member being adjustable between a first orientation, where said locking member is at least partially insertable through said aperture so that said flexible unitary member defines a closed loop, and a second orientation, where said locking member is not readily retractable from said aperture, said locking member being at least partially insertable through said aperture when in said first orientation and being adjustable to said second orientation to retain said flexible unitary member in said closed loop.

20. The bag handle device of claim 19, wherein said locking member is adjustable via folding said locking member into said first orientation and unfolding said locking member to said second orientation when said locking member is partially inserted through said aperture.

21. The bag handle device of claim 20, wherein said first end has said locking member, said handle portion comprising a generally U-shaped handle portion when said locking member is adjusted to said second orientation.
22. The bag handle device of claim 20, wherein said locking member comprises at least one notch for engaging at least one wall of said aperture when said locking member is adjusted to said second orientation, said at least one notch limiting movement of said locking member relative to said aperture when said locking member is in said second orientation.
23. The bag handle device of claim 19, wherein said locking member comprises a tab and said aperture is configured to receive said tab therethrough.
24. The bag handle device of claim 23, wherein said aperture comprises a first aperture section configured to receive said tab when said tab is in said first orientation and a second aperture section configured to limit retraction of said tab through said aperture when said tab is in said second orientation.
25. The bag handle device of claim 19, wherein said body portion is flexible to form an arc to define said closed loop between said first and second ends.
26. The bag handle device of claim 25, wherein said handle portion provides a generally straight handle portion when said body portion flexes to define said closed loop.
27. The bag handle device of claim 19, wherein said handle portion has a first width and said body portion has a second width, said first width being greater than said second width.